Oral Care Management Protocol

Patient Indications

Caries Susceptible/Caries Active









Patients with decay need powerful fluoride protection to halt the decay process, and mineralize and strengthen remaining tooth structure.

Recurrent Caries

Perio Patients / Hypersensitivity



Recession

Periodontal patients have multiple concerns. Complete therapy should include strong antimicrobial protection, and address relief of possible hypersensitivity following instrumentation as well as provide protection against root caries.

Orthodontic Patients



Poor Orthodontic

Orthodontic patients are at risk for decalcification and decay as a result of orthodontic appliances. Utilization of fluoride should enhance optimal oral health while ensuring sound dentition around orthodontic appliances.

Poor Oral Hygiene Concerns



Patients with systemic diseases, compliance issues, or problems with manual dexterity are at risk for decay. A complete antimicrobial and fluoride protocol will reduce the risk of decay and assist patients with achieving optimal oral health.

In-Office Treatment

Fluoridex Maximum Uptake[™]

1.23% Acidulated Phosphate Fluoride (APF) Foam OR

Fluoridex Maximum Defense

2% Neutral Sodium Fluoride (NaF) Foam (for patients with restorative work)

Instructions:

- Load foam tray
- Insert for up to 4 minutes
- Remove tray
- Have patients spit out excess foam Do not eat or drink for 30 minutes

Fluoridex Maximum Uptake[™]

1.23% Acidulated Phosphate Fluoride (APF) Foam OR Fluoridex Maximum Defense[™] 2% Neutral Sodium Fluoride (NaF) Foam

(for patients with restorative work)

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OR Flouridex Lasting Defense™ 5% Sodium Fluoride Varnish Instructions:

- Isolate and remove excess moisture from area being treated
- Paint a thin film of varnish on sensitive parts with brush applicator
 Remove isolation allowing saliva or moisture to set varnish
- Remain on a soft food diet and do not brush for a minimum
- of 4-6 hours

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DISCUS DENTAL

Take-Home Treatment

Treatment

Fluoridex Daily Defense™

1.1% Neutral Sodium Fluoride (NaF) Gel Instructions:

- Apply into custom tray
- Wear tray for 5 minutes

Treatment – Stage 1

Chlorhexidine Gluconate Rinse

for 1-2 weeks

Swish 1/2 oz. undiluted twice daily

• Use twice daily as directed

Maintenance

Fluoridex Daily Defense®

1.1% Neutral Sodium Fluoride (NaF) Toothpaste OR

Fluoridex Daily Defense® Sensitivity Relief with KNO₃ Toothpaste

- Instructions: • Apply small amount to toothbrush
 - Brush thoroughly for one minute
 Spit excess without rinsing

 - Use twice a day as directed

Treatment – Stage 2

0.63% Stannous Fluoride (SnF) Rinse

• Dilute with warm water to fill line

• Swish twice daily for up to 4 weeks

• Fill measuring cup to 1/8 oz.

Fluoridex Daily Renewal®

Maintenance

Fluoridex Daily Renewal®

0.4% Stannous Fluoride (SnF) Toothpaste OR

Fluoridex Daily Defense®

1.1% Neutral Sodium Fluoride (NaF) Toothpaste OR

Fluoridex Daily Defense® Sensitivity Relief with KNO₃ Toothpaste

Instructions:

- Apply small amount to toothbrush
- Brush thoroughly for one minute
- Spit excess without rinsing
- Use twice a day as directed

Treatment

PerioRx®

Instructions:

Fluoridex Daily Defense®

1.1% Neutral Sodium Fluoride (NaF) Toothpaste OR

Fluoridex Daily Defense® Sensitivity Relief with KNO3 Toothpaste

- Instructions:
 - Apply small amount to toothbrush
 - Brush thoroughly for one minute • Spit excess without rinsing
 - Use twice a day as directed

Maintenance

Fluoridex Daily Defense®

1.1% Neutral Sodium Fluoride (NaF) Toothpaste

Sensitivity Relief with KNO3 Toothpaste

• Apply small amount to toothbrush

Treatment – Stage 1

PerioRx®

Chlorhexidine Gluconate Rinse Instructions:

• Swish 1/2 oz. undiluted twice daily for 1-2 weeks

Treatment – Stage 2

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- Fill measuring cup to 1/8 oz.
- Dilute with warm water to fill line
- Swish twice daily for up to 4 weeks

Maintenance

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OR Fluoridex Daily Defense®

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